

A Scottish Enterprise Workplace Innovation Webinar

Mental Health & Wellbeing at Work

How workplace innovation helps to build mental health, wellbeing and high performance



A webinar created and facilitated for Scottish Enterprise by **Workplace Innovation Europe CLG**



Can we help?

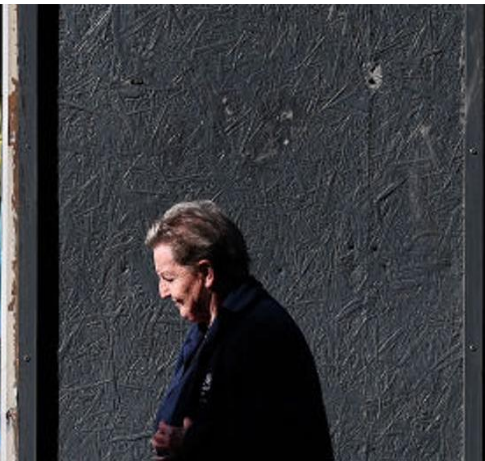
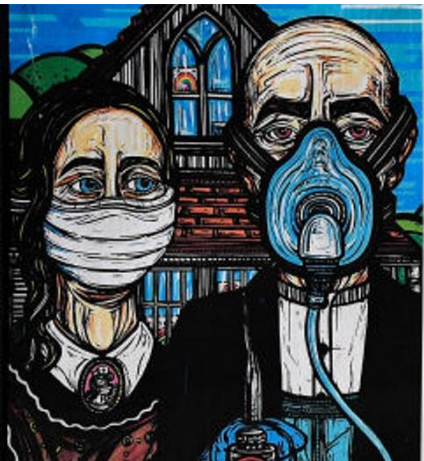
Send us a private chat message on GoTo before the end of the webinar

Or email:

Scottish Enterprise: Hazel.Black@scotent.co.uk

Workplace Innovation Europe: peter.totterdill@workplaceinnovation.eu

Invitation to a survey on the business impact of COVID-19





- Insights from latest research findings
- Practical experiences from leading companies
- Beyond mental ill health - work as an enabler of positive mental wellbeing

Go to www.menti.com and use the code 54 83 05 11



Workplace Innovation:

“Introducing workplace practices that enable all employees to use and develop their skills, knowledge, experience and creativity to the full, leading to enhanced performance and better quality of working life.”

(Totterdill, Dhondt & Milsome, 2002)

Go to www.menti.com and use the code 54 83 05 11



YOUR SPEAKERS



Stephen



Nick



Frank



Natalie



- Insights from latest research findings
- Practical experiences from leading companies
- **Beyond mental ill health - work as an enabler of positive mental wellbeing**



0

Wasteful

Human potential wasted - people subservient to processes & management.

1

Aware

Aware of need to nurture people and examines current climate & practices in the workplace.

2

Momentum

Commitment to employee well-being is visible, with investment in mediating the adverse effects of work and mental ill-health.

3

Prevention

Leaders & managers focus on developing teams & coaching individuals. Visible investment in promoting healthy working and lifestyles.

4

Positive

Leadership fully engaged with changing organisational culture and practice; job design and work organisation support high performance and positive mental health.

5

Workplace Innovation

Sustainable momentum of change and innovation led and owned by employees at every level. Using and developing the full range of workforce talent and creativity is central to the business model.



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